



# TEST YOURSELF RADIO MEDICAL RECORD

## Structure of pamphlet

Test your own knowledge on the subject RADIO MEDICAL RECORD - solve a few assignments.

Find background knowledge in "Medical Guide for Seafarers", pp 21-27

Find the correct answers at the end of the pamphlet.

However, test your knowledge, before you read the answers.

**Stay up-dated**

**Find all self-training  
assignments at our  
webpage  
[www.dma.dk](http://www.dma.dk)**

**You may ask us  
questions at  
[cms@dma.dk](mailto:cms@dma.dk)**

**You may phone us at  
**+45 7219 6004****

**DANISH MARITIME  
AUTHORITY**

Centre of Maritime Health  
Service  
Vestervejen 1  
DK 6720 Fanø

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**You may want to read chapter 3 in “Medical Guide for Seafarers”.**

### **Assignment 1**

Where do you find “Radio Medical Records” for download?

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### **Assignment 2**

When should the Medical officer fill in the “Radio Medical Record”?

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### **Assignment 3**

Why does Radio Medical Denmark need to know your position when you contact them?

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### **Assignment 4**

List situations when it would be mandatory to contact Radio Medical Denmark:

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### **Assignment 5**

Need you fill in a “Radio Medical Record”, in case you phone Radio Medical Denmark?

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### **Assignment 6**

#### **Which information goes where?**

On which page do you note medicine chest and position?

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On which page do you mark patient pain/injuries?

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On which page do you document Radio Medical prescriptions, and your own execution of it?

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On which page do you document the vital values of the patient?

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On which page would you document how much the patient drinks, and amount of urine delivered?

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If you administered medicine to the patient PRIOR to contact to Radio Medical; on which page would you indicate this?

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Contact the doctors at Radio Medical  
Denmark by mail or phone

Mail: [rmd@rsyd.dk](mailto:rmd@rsyd.dk)

Phone: +45 7545 6766 / +45 7545 6750

## **Did you know?**

Vitals, entered on page 1 and 2, automatically transfers to column 1, on page 4.

When you enter name and birthday of patient on page 1, the information transfers to all pages of the report.

## **REMEMBER**

The better you describe the situation, the better and faster help you get from the doctors at Radio Medical Denmark

## Answers to the assignments

### Assignment 1

Where do you find “Radio Medical Records” for download?

DMA Home page:

<https://www.dma.dk/SoefarendeBemanding/Sygdomsbehandler/radiomedical/Sider/radiomedical.aspx>

### Assignment 2

When should the Medical officer fill in the “Radio Medical Record”?

- Every examination.
- Every prescription from Radio Medical.
- Every treatment.
- Every issue of medicaments.
- The cases described in the medical book authorised by the Danish Maritime Authority.

“Technical regulation on occupational health in ships, chapter IX B” regulation 9.3.

### Assignment 3

Why does Radio Medical Denmark need to know your position when you contact them?

When the doctor needs to decide whether to evacuate or not, distance to nearest port is also important.

### Assignment 4

List situations when it would be mandatory to contact Radio Medical Denmark

- Any abnormal state of mind
- Any abnormal state that affects consciousness, respiration, pulse or blood pressure
- Fever at or above 39°C (temperature taken by mouth)
- Fever that has lasted for more than 2 to 3 days
- Any condition with chest or abdominal pain
- Before giving medicine (if the user instructions says “seek advice”)

- Before performing any of the following procedures: Giving injections, infusing fluids, stitching wounds, treating fractures, treating large wounds and bleeding, and emptying the bladder

“Medical Guide for Seafarers” p 19

### Assignment 5

Need you fill in a Radio Medical Record, in case you phone Radio Medical Denmark?

Yes, you need to fill in the Radio Medical report. It is mandatory for both the doctor and the person in charge of medical care on board to keep a written record.

“Medical Guide for Seafarers” p 18

### Assignment 6

Which information goes where?

Page 1

Page 5

Page 3

Page 4

Page 6

Page 2